Sample Weekend Group Programme: November – March (Non-sailing)			
	Morning	Afternoon	Evening
Fri			19.00 Arrivals Welcome & Introductions 20.00 Night Hike
			21.30 Hot Chocolate Bed
			22.00 Ship Locked
	08.00 Leader's Meeting	14.00 Powerboat Trip	20.00 Climbing Wall/Dodgeball
Sat	08.30 Breakfast & Thought for the Day		
	09.30 High Ropes Course		21.30 Hot Chocolate
	13.00 Lunch onboard	18.30 Dinner	Bed 22.00 Ship Locked
	08.00 Leader's Meeting	14.30 Pack-up	We offer a wide range of
Sun	08.30 Breakfast & Thought for the Day		activities, which means that each programme can be tailored to the aims and
	10.00 Team Building Games		objectives of the group. In addition, many church youth
	13.00 Lunch onboard	15.00 Depart	groups choose to include a service on Sunday afternoon, which we can facilitate. Our programmes are weather and tide dependent.