

## Sample Weekend Group Programme: April – October (Sailing)

	Morning	Afternoon	Evening
<b>Fri</b>			20.00 Arrivals Welcome & Introductions  21.00 Night Hike  <p style="text-align: center;"><b>22.00 Hot Chocolate Bed 23.00 Ship Locked</b></p>
<b>Sat</b>	08.00 Leader's Meeting  08.30 Breakfast & Thought for the Day Make packed lunch  09.30 Day Sail  <p style="text-align: center;"><b>14.00 Lunch out</b></p>	17.00 Fleet returns          <p style="text-align: center;"><b>18.30 Dinner</b></p>	20.00 Climbing Wall / Dodgeball          <p style="text-align: center;"><b>22.30 Hot Chocolate Bed 23.00 Ship Locked</b></p>
<b>Sun</b>	08.00 Leader's Meeting  08.30 Breakfast & Thought for the Day  10.00 High Ropes     <p style="text-align: center;"><b>13.00 Lunch onboard</b></p>	14.30 Crabbing  15.00 Group debrief          15.30 Clear Up & Pack Up     <p style="text-align: center;"><b>16.00 Depart</b></p>	We offer a wide range of activities, which means that each programme can be tailored to the aims and objectives of the group.  In addition, many church youth groups choose to include a service on Sunday afternoon, which we can facilitate.  Our programmes are weather and tide dependent.